

Veggies From the Heart Project - Organic Vegetable Sales

(November 2018 – March 2019)



Veggies from the Heart is one of Lionheart Society's main projects that has been providing the necessary funds needed to support our various community service activities. This environmentally friendly project promotes chemical-

free farming practices whilst actively encouraging the consumption of organic vegetables as healthy alternatives to our daily diet.

Many sales were conducted this school year from November to March at Harrow School, office buildings, clinics as well as direct orders from other customers. Total sales amounted to 107,350 Baht.

The vegetable varieties are as follows:

- Bush Beans
- Sugar Snap Peas
- Bok Choy
- Chinese Cabbage
- Rocket Salad
- Crisp Butterhead Lettuce
- Red Oak Lettuce
- Green Lettuce
- Green Cos Lettuce
- Carrots
- Sunflower Seed Sprouts
- Wing beans
- Raddish

Our gratitude goes to everyone who supported this project all throughout this season. The financial returns have been truly rewarding and we are looking forward to our next successful sales this coming November 2019.

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| Sales for Academic Year 2018/2019 | 107,350 Baht |
| Remaining amount from previous year | 187,840 Baht |
| Donation from LHS members | 30,000 Baht |
| Donations from other various sources | 40,000 Baht |

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| TOTAL | 365,190 Baht |
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| Various expenses for Academic Year 2018/2019 | 187,500 Baht |
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| Amount to be forwarded to Academic Year 2019/2020 | 177,680 Baht |
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Projects Funded in 2018 – 2019

(Total Amount 187,500 Baht)

1. Lion Care

- Scholarship fund for 3 HIV+ve students 20,000 Baht
- Leprosy patients day trip 30,000 Baht

2. Paws for a Cause

- Scholarship fund for students at Baan Nong Mai Tai School and Baan Nong Kok School 10,000 Baht
 - Donation of learning materials and sport equipment to Baan Nong Mai Tai School and Baan Nong Kok School 52,000 Baht
 - Toys for infants at the Baan Nong Kok School 5,000 Baht
 - Playground equipment for infants at the Baan Nong Kok school 20,000 Baht
 - 100 stainless steel plates for the Baan Nong Kok school 15,000 Baht
 - Volleyballs for the Buriram school 5,000 Baht
- ### 3. Donations of rice and canned food to victims of the Laos flood 8,500 Baht
- ### 4. Donations of rice to the residents of the Hua Rot Jak Tuek Daeng Slum Community and Leprosy patients 22,000 Baht



Veggies from the Heart remains a significant project of the Lionheart Society and will continue to be an essential source of funding for many of our community service activities.



A Newspaper detailed the Lionheart Society's sale of organic vegetables at Harrow International School. The article also detailed our intentions to use the money generated for funding our charitable projects, including assisting poor rural schools, granting aid to those suffering from leprosy, and providing youths who are HIV positive with scholarships. Sales such as this which have been occurring for 9 years generate 100,000 baht annually.